

## Course Factsheet

### CTQ Level 3 Emergency First Aid at Work

One Day (6 Hours)

Face to face training at your place of work or at one of our open venues

#### About this Course

This course is delivered at your work place and is suited to low-risk workplaces, such as an office environment where a risk assessment has identified the need for qualified work-based First Aiders.

Where a risk assessment identifies a high risk or you have more than 50 employees a 3 day FAW course maybe more suitable.

#### Who is the course suitable for?

- Those with work place First Aider responsibility
- Those renewing a EFAW qualification
- Those wanting to gain first aid knowledge
- Those qualifying to provide support to current FAW first aiders
- Those with first on the scene first aid responsibility

#### What to expect

- Comprehensive trainer-led practical training
- Professional, qualified and dynamic trainers
- Specialist advisors to help you manage your booking
- Fully certified for 3 years
- Free online annual refresher



6 hrs



At your  
work place



Open Venue

#### Location, Duration & Numbers



Trainer led course delivered in at **your place of work** or at one of our open venues

**6 hours**

As per HSE guidelines we restrict our courses to **12 learners per trainer\***

\*no limit on number of trainers

## Qualification Content

- Roles & responsibilities of the first aider
- First aid kit
- Assessing an emergency situation & prioritising action
- CPR/AED
- Choking
- Seizures
- Severe bleeding and Shock
- Burns
- Minor injuries
- Final MCQ assessment

## Availability

We will come to deliver the training at your place of work at a date and time that suits you.

At our training centres, please arrive at least 15 minutes before the course is due to begin and check the starting time on your booking confirmation.

## Assessment

Learners will be continuously assessed throughout the course. Learners must also complete a final MCQ ( multiple choice questionnaire).

## Refresher Training

The HSE recommends learners update their skills annually. We offer free virtual annual refresher training to our learners.

## Certification

On completion of the course learners receive an Emergency First Aid at Work Certificate valid for 3 years, and meets HSE requirements.

Tigerlily Training are a CTQ accredited training centre.

Your certificate will comply with the requirements of the Health and Safety (First-Aid) Regulations 1981.



To book a course or for more information,  
call us today on 0300 3020 999  
or visit [www.tigerlilytraining.co.uk](http://www.tigerlilytraining.co.uk)